



RICHARD S. ADLER, M.D. & ASSOCIATES, PLLC

Forensic & Clinical Psychiatry

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## EDUCATION

- 1998 – 2000      **Senior Fellow in Forensic Psychiatry**  
University of Washington School of Medicine, Seattle, WA 98195
- 1986 – 1988      **Fellow in Child Psychiatry**  
Massachusetts General Hospital/Harvard Medical School  
55 Fruit Street, Boston, MA 02114. (617) 726-2000
- 1984 – 1986      **Resident in Adult Psychiatry**  
McLean Hospital/Harvard Medical School  
115 Mill Street, Belmont, MA 02478. (800) 333-0338  
*Included rotations in Consult – liaison,  
Psychiatry at Brigham & Women’s Hospital,  
Forensic Psychiatry at Bridgewater State Hospital,  
Adolescent and Family Treatment Unit at McLean Hospital*
- 1983 – 1984      **Internship year in Adult Psychiatry**  
McLean Hospital/Harvard Medical School  
115 Mill Street, Belmont, MA 02478. (800) 333-0338  
*Six months medical internship at Mt. Auburn MGH,  
two months of Inpatient Geriatric Psychiatry,  
two months of Substance Abuse Psychiatry*
- 1978 – 1983      **Albany Medical College of Union University (AMC)**  
43 New Scotland Avenue, Albany, NY 12208. (518) 262-3125  
Doctor of Medicine  
*Alpha Omega Alpha Honor Society  
Shaeffer Prize in Pathology  
Honor Committee Member 1978 – 1980*

1980 – 1981      **Research in Gastrointestinal Pathology**  
Brigham and Women's Hospital, Department of Pathology,  
Ramzi Cotran, M.D., Chief  
75 Francis Street, Boston, MA 02115. (617) 732-7510  
*American Gastroenterological Association Award for Medical  
Student Research - Poster Presentation*

1976 – 1982      **Rensselaer Polytechnic Institute (RPI)**  
110 8th Street, Troy, NY 12180. (518) 276-6000  
Bachelor of Science in Biology  
*Summa cum laude, RPI - AMC 6-year Biomedical Program*

## POSITIONS

- 9/12 – present      **Adjunct Instructor**  
Seattle University, Criminal Justice Department  
901 12th Avenue, Seattle, WA 98122
- 5/08 – present      **Medical Director**  
FASD Experts.com - Interdisciplinary collaborative forensic and clinical evaluatic  
Alcohol Spectrum Disorders.
- 2/97 – present      **Private Practice**  
Forensic and clinical psychiatric practice in child and adult psychiatry.
- 2007 – present      **Clinical Instructor**  
University of Washington School of Medicine, Seattle, WA 98195
- 2007 – present      **Clinical Instructor**  
Antioch University - Seattle  
2326 6th Avenue, Seattle, WA 98121
- 3/00 – present      **Speakers Bureau and National Advisory Board**  
McNeil Consumer Healthcare, makers of Concerta®
- 2006 – 2008      **Psychiatric Consultant**  
Renton Academy  
7100 116th Avenue SE, Newcastle, WA 98056. (425) 204-2550  
*Employed by the Renton School District to provide on-site psychiatric services  
for a new specialty school informed by the Re-Education Approach pioneered  
by Nicholas Hobbs, Ph.D.*
- 2006      **National Advisory Panel**  
Cephalon, Inc., makers of Sparlon® (modafanil)

- 2/97 – 6/08      **Staff Psychiatrist**  
Children’s Hospital & Medical Center, Seattle, WA  
*Patient evaluation and psychopharmacologic management, team consultation two days a week.*
- 7/00 – 12/00      **Staff Psychiatrist**  
Western State Hospital  
Program for Forensic Evaluations in Corrections and the Community, Tacoma, WA 98498  
*Carl Redick, Psy.D., Director*
- 7/98 – 6/00      **Acting Clinical Instructor (\*)**  
Children’s Hospital & Medical Center, Lake City Way Satellite Clinic, 12360 Lake City Way NE, Seattle, WA 98125  
(206) 368-4949  
*Individual and group supervision of Child Psychiatry Fellows, Adult Psychiatry Residents, and Psychology Interns at a University of Washington Medical School teaching site.*
- (\*) *During the Senior Fellowship in Forensic Psychiatry (see Education), University of Washington regulations require that the instructorship be regarded as “acting”.*
- 1/98 – 7/98      **Clinical Instructor**  
Children’s Hospital & Medical Center, Lake City Way Satellite Clinic, 12360 Lake City Way NE, Seattle, WA 98125  
(206) 368-4949
- 8/96 – 6/98      **Staff Psychiatrist**  
Seattle Mental Health Institute  
1600 East Olive Street, Seattle, WA 98122. (206) 324-2400  
*Provided staff consultation and treatment to adults, children and adolescents, including The Deaf Services unit, in a large community mental health center (CMHC) with a wide continuum of care.*
- 8/91 – 7/96      **Medical Director & Founding President**  
Comprehensive Psychiatric Group  
120 East Main Street, Salisbury, MD 21801  
*Region’s largest multi-disciplinary mental health practice with Addictions, Eating Disorders and extensive Group Psychotherapy Programs.*

- 3/95 – 7/95      **Consultant – Behavioral Health Services**  
Peninsula Regional Medical Center (PRMC)  
100 East Carroll Street, Salisbury, MD 21801  
*Retained to design integrated and managed care-friendly inpatient, outpatient, consult-liaison and emergency mental health services.*
- 1/94 – 12/95      **Community Affiliate**  
Peninsula Regional Medical Center
- 11/91 – 12/93      **Attending Psychiatrist**  
Peninsula Regional Medical Center  
*Inpatient, emergency and consult – liaison services.*
- 7/88 – 6/92      **Medical Director, Mental Health Clinics**  
Somerset County Health Department, Westover, MD 21871  
*National Health Service Corps Scholarship Placement; Included consultation to Colbourne Substance Abuse Center, Crisfield, MD, Somerset County Sheriff's Department, Public Schools, and Developmental Center.*
- 7/88 – 6/91      **Medical Director, Mental Health Clinics**  
Worcester County Health Department, Snow Hill, MD 21863  
*National Health Service Corps Scholarship Placement.*
- 7/86 – 6/88      **Part-time private practice**  
Boston, MA
- 10/86 – 6/88      **Ciba-Geigy Clinical Trial of Clomipramine for Obsessive-Compulsive Disorder in Children and Adolescents**  
Massachusetts General Hospital, Boston, MA 02114  
*Co-investigator with Joseph Biederman, MD*
- 1986 – 1990      **Doctor-on-Call**  
Pembroke Hospital, Pembroke, MA 02359  
*150 bed Private Psychiatric Hospital.*
- 1985 – 1990      **Doctor-on-Call**  
Norwood Hospital, Norwood, MA 02062  
*21 bed locked psychiatric unit in suburban community General hospital with Emergency Room and Consult-liaison consultation services.*
- 1985 – 1986      **Psychopharmacology Consultant**  
Cutler Counseling Center, Norwood, MA 02062  
*Non-profit, community outpatient facility.*

## LICENSES

2013 – present	Alaska - 7707 (7/23/13)
2012 – present	Georgia - 68346 (7/30/12)
1996 – present	Washington - 33536 (3/12/96)
1988 – 1996	Maryland - D36903 (6/18/88)
1984 – 1991	Massachusetts - 54358 (6/1/84)

## CERTIFICATIONS

1992	<b>Child and Adolescent Psychiatry</b> American Board of Psychiatry and Neurology, #2903
1990	<b>Adult Psychiatry</b> American Board of Psychiatry and Neurology, #33030
1984	<b>National Board of Medical Examiners, #262751</b>

## MAJOR COMMITTEE ASSIGNMENTS

2012 - present	<b>Advisory Board</b> Seattle University, Criminal Justice Department, Seattle, WA
2005 - present	<b>Chairman, Ethics Committee</b> Washington State Psychiatric Association
1998	<b>Managed Care Committee</b> Division of Child & Adolescent Psychiatry, Children's Hospital and Regional Medical Center, Seattle, WA
1995	<b>Representative of the Maryland Psychiatric Society to the Rural Psychiatry Task Force</b> American Psychiatric Association Annual Meeting, May, Miami Beach, FL
1992 - 1996	<b>Board of Directors</b> Life Crisis Center, 216 East Main Street, Salisbury, MD 21801 <i>Chairman, Executive Director Search Committee (1994)</i>
1993	<b>Select Committee, Quality Council</b> Peninsula Regional Medical Center. Empowered to re-engineer Emergency Room Psychiatric Services. Developed satisfaction assessment tool.

- 1992 - 1993      **Utilization Review Committee**  
Peninsula Regional Medical Center
- 1991 - 1993      **Founding President**  
Eastern Shore Psychiatrists' Group  
*Established to provide networking opportunities.*
- 1991              **Physicians' Steering Committee**  
Atlantic General Hospital, Berlin, MD  
*Provided input on design of new community General hospital.*
- 1988 - 1992      **Utilization Review Committee**  
Peyton Psychogeriatric Unit, McCready Hospital, Crisfield, MD  
*Specialty in-patient locked unit for chronically mentally ill geriatric patients.*

#### MEMBERSHIPS

- 1996 - present      American Academy of Psychiatry and the Law
- 1984 - present      American Psychiatric Association
- 1991 - 1996          Eastern Shore Psychiatrists' Group
- 1988 - 1996          Maryland Psychiatric Society
- 1986 - 1988          Massachusetts Psychiatric Society

#### PUBLICATIONS & PRESENTATIONS

- 2014              **"Racial Disparity in Application of the Death Penalty in Washington"**  
Continuing Legal Education, University of Washington School of Law,  
Seattle, WA. May 17, 2014.
- 2013              **"Safety First! Practical Juris Prudence"** Adler RS, Thompson L,  
Northwest Justice Project, Seattle, WA. November 21, 2013.
- 2013              **"DSM-5: What You Need to Know"** Psychiatry Residency Program  
Department of Psychiatry and Behavioral Sciences, University of  
Washington Medical Center, Seattle, WA. July 31, 2013.
- 2013              **"DSM-5: What You Need to Know"** Psychiatry Residency Program,  
Harborview Medical Center, Seattle, WA. July 12, 2013.
- 2013              **"DSM-5: What You Need to Know"** Adler RS, Layton M, Washington  
State Psychiatric Association DSM-5 Training, Swedish Medical Center,  
Cherry Hill Campus, Seattle, WA. July 9, 2013.

- 2012           **“Fetal Alcohol Spectrum Disorder Training - What is FASD and How Does It Affect the Behavior of Your Client? Getting a Diagnosis: Who Can Do It and What Is Involved?”** Washington Defender Association - 2012 Defender Conference: Creating Better Outcomes for Our Clients, Winthrop, WA. April 28, 2012.
- 2012           **“Conduct-disordered Adolescents with Fetal Alcohol Spectrum Disorder: Intervention in Secure Treatment Settings”** Brown NN, Connor PD & Adler RS. *Criminal Justice and Behavior*. June 2012 vol. 39 no. 6 770-793.
- 2011           **“Neuroimaging”** Ellis J, Adler RS, Oregon Criminal Defense Lawyers Association: Death Penalty Defense: The Cutting Edge: New Developments in Law and Science, Pendleton, OR. October 21, 2011.
- 2011           **“Picking the Right Expert”** Oregon Criminal Defense Lawyers Association: Death Penalty Defense: The Cutting Edge: New Developments in Law and Science, Pendleton, OR. October 21, 2011.
- 2011           **“FASD: Diagnosis for the Legal Setting”** Seattle Municipal Attorney’s Office: Fetal Alcohol Spectrum Disorders and the Criminal Justice System, Seattle City Hall. October 7, 2011.
- 2011           **“Prenatal Substance Exposure and Childhood Mental Health Issues”** UW School of Medicine Department of Psychiatry: Indian Health Service - Fetal Alcohol Spectrum Disorders (FASD) Training. Seattle, WA. September 21 - 22, 2011.
- 2011           **“Risk Factors for Mental Health Problems in Children”** Lummi Nation Summer Training. Bellingham, WA. September 16, 2011.
- 2011           **“Use of Parenting Evaluations in Divorce.”** NBI Conference. Washington State Convention and Trade Center. September 15, 2011.
- 2011           **“Introduction to Forensic Psychiatry”** UW School of Medicine Department of Psychiatry: Forensic Psychiatry R4 Seminar Series. University of Washington. September 8, 2011.
- 2011           **“FASD: Diagnosis for the Legal Setting”** Snow R, Adler RS, UW School of Law: Fetal Alcohol Spectrum Disorders and the Criminal Justice System. King County Courthouse. March 1, 2011.

- 2010           **“Fetal Alcohol Spectrum Syndrome: Its Relevance Throughout the Legal Process From Competency to Stand Trial to Clemency,”** Adler RS, Brown NN, 2010 Appellate Judicial Attorneys Institute, Administrative Office of the Courts: Education Division. Burlingame, CA. October 27, 2010. [www2.courtinfo.gov](http://www2.courtinfo.gov)
- 2010           **“Violence Risk Assessment in 2010: State of the Art as Seen Through a Wide Lens,”** Adler RS, Heavin S, McMinimee S. 2010 Oregon-Washington Bi-State School Psychology Conference. Vancouver, WA. October 14, 2010. [www.WSASP.org](http://www.WSASP.org)
- 2010           **“Creating a Tomorrow: Post-Mortem on a Death Verdict.”** Panel Member/Faculty, Full-day Continuing Legal Education Program, Washington Death Penalty Assistance Center. Seattle, WA. September 22, 2010.
- 2010           **“Fetal Alcohol Spectrum Disorder in the Courtroom: The 20<sup>th</sup> Anniversary of Dr. Ann Streissguth at Airlie,”** (Plenary Session). Adler RS, Kase KM, Kelly K, Brown NN. NAACP Legal Defense Fund 31<sup>st</sup> Annual Meeting. Airlie Conference Center, Warrenton, VA. July 10, 2010.
- 2010           **“FASD: Practicalities,”** (Breakout Session). Brown NN, Adler RS, Kase KM, Kelly K. NAACP Legal Defense Fund 31<sup>st</sup> Annual Meeting. Airlie Conference Center, Warrenton, WA. July 10, 2010.
- 2010           **“Forensic Assessment of Fetal Alcohol Spectrum Disorders with State-Of-The-Art Facial Analysis, Diffusion Tensor Imaging, and MRIs,”** (Plenary Session). Adler RS, Brown NN, Connor PD, Wartnik AP. Habeas Assistance & Training Counsel Project, Seventh National Seminar on the Development and Integration of Mitigation Evidence: “New Science, New Strategies.” Seattle, WA. April 22, 2010.
- 2010           **“Suggestibility in FASD: Forensic Assessment and Implications,”** Adler RS, Brown NN, Connor PD, Wartnik AP. 4<sup>th</sup> National Biennial Conference on Adolescents and Adults with Fetal Alcohol Spectrum Disorder: Facing the Future Together: Where Do We Go From Here? Vancouver, B.C. April 17, 2010.
- 2010           **“FASD: Application of the Scientific Method to the Forensic Setting.”** Adler RS, Brown NN, Connor PD. Texas Criminal Defense Lawyers Association Annual Capital Trial/Habeas Seminar. Austin, TX. February 25, 2010.



- 2010                   **“Fetal Alcohol Syndrome: Practical Tools”** Adler RS, Brown NN, Connor PD, Wartnik AP. 3<sup>rd</sup> Interdisciplinary Program, University of Washington School of Law & The Washington Death Penalty Assistance Center: Expertise You Need To Defend A Capital Case In 2010. Seattle, WA. February 6, 2010.
- 2009                   **“Testamentary Capacity: Why, When and How to Use a Mental Health Expert.”** King County Bar Association. 12<sup>th</sup> Annual Probate, Trust and TEDRA Litigation Conference. Rainier Square Conference Center, Seattle, WA. December 4, 2009.
- 2008                   **“Fetal Alcohol Spectrum Disorder in the Educational Context.”** Lake Washington School District – In Service. October 24, 2008.
- 2008                   **“Vetting The Expert: Why, When and How” & “Bringing It All Home”** (Adler RS co-presented with Seattle attorney Jeff Robinson of Shroeter, Goldmark & Bender). TeamChild Benefit CLE Collaboration Between Attorneys and Mental Health Experts: Beyond the Basics. Seattle, WA. October 3, 2008. [www.teamchild.org](http://www.teamchild.org)
- 2007                   **“Parenting Evaluations – A Critical Review and Practice Skills”** Washington State Bar Association – Continuing Legal Education, Washington State Convention and Trade Center. Seattle, WA. August 8, 2007 and Doubletree Inn, Suite B, Spokane, WA, August 21, 2007. [www.wsacle.org](http://www.wsacle.org)
- 2004 & 2006           **“How to Help Your Client Survive a Parenting Evaluation in Washington”** National Business Institute Seminar, Washington State Convention and Trade Center, Seattle, WA. November 5, 2004; November 10, 2006. [www.nbi-sems.com](http://www.nbi-sems.com)
- 2002                   **“Child Abuse and Neglect”** Western State Hospital Forensic Seminar Series, Greg Gagliardi, Ph.D., Seminar Director.
- 2000                   **“Pediatric Psychopharmacology: The Cutting Edge”** Washington State and British Columbia Associations of School Psychologists Fall Conference, Vancouver, B.C.
- 1999                   **“Pediatric Psychopharmacology: The Cutting Edge”** Child and Adolescent Neuropsychiatry Conference, Children’s Hospital and Regional Medical Center, Seattle, WA.
- 1998                   **“The Broad Bandwidth of Autism Spectrum Disorders”** Child and Adolescent Neuropsychiatry Conference, Children’s Hospital and Regional Medical Center, Seattle, WA.

- 1997                   **“No Need to Panic: Anxiety Disorders Update for the Clinician.”** Child and Adolescent Neuropsychiatry Conference, Children’s Hospital and Regional Medical Center, Seattle, WA.
- 1991                   **“The Transition from Resident to Medical Director”**, American Psychiatric Annual Meeting, Course: Administration in Austerity. Paul Rodenhauser, M.D., Course Director.
- 1990                   Adler RS, Jellinek MS. **Special Article: “After Teen Suicide: Issues for Pediatricians Who Are Asked to Consult to Schools”**. Pediatrics. 86:6, 982-7.
- 1990                   Adler RS. **Out-of-Control Behavior**. The Massachusetts General Hospital: Psychiatric Aspects of General Hospital Pediatrics. Jellinek MS, Herzog DB, Eds. Chicago: Year Book Medical Publishers, pp. 298-304.
- 1990                   Adler RS, Jellinek M. **Suicide**. Ibid. pp. 324-30.
- 1985                   Adler RS, Nafradi J, Szabo S. **“Cysteamine-induced Duodenal Ulcer is not Site-specific: Effect of Local Modulating Factors”**. J. Experimental Pathology 2:2, 111-22.
- 1983                   Adler RS, Gallagher GT, Szabo S. **“Duodenal Ulcerogens Cysteamine and Propionitrile Decrease Duodenal Neutralization of Acid in the Rat”**. Digestive Diseases and Sciences 28:8, 716-23.