

PATIENT AND FAMILY INVENTORY

The purpose of this inventory is to acquire information about the birth, development, and behavior of the young person who is to be seen for evaluation and/or services. It also asks questions about the medical, psychiatric, and social history of the child's family. The information you provide here will add to the information that will be collected during the upcoming intake evaluation. All of the information gathered here and during the intake evaluation adds to a complete understanding of the biological, psychological, and social factors that may affect the young person's mental health status and will assist with recommendations for treatment. You may add extra pages if you wish.

Name: _____ Birth date: _____

Patient's ethnicity: _____ Patient's primary language: _____

Name of the person completing form: _____ Phone: _____

Relationship to patient: _____ Date form was completed: _____

1. What concerns have led you to seek an evaluation?

2. Why do you think the young person has the problems that they are exhibiting?

3. Who recommended that you seek services?

Name: _____

Organization: _____

Phone #: _____

RICHARD S. ADLER, M.D.

4. What do you hope will be the outcome or results of the visit(s)?

5. What kind of treatment do you believe would be most helpful? What kinds of treatment would you be opposed to?

6. Where does the young person currently reside?

family home

non-parent relative caretaker

foster home

group home

other:

7. Who else lives with the young person (please list name, gender, relationship, age and ethnic/cultural identity):

8. If the child was adopted or is in foster care, at what age did the she/he enter the family and what were the circumstances regarding the adoption or foster care placement?

9. Has the child ever been separated from his/her parents/primary caregivers for any significant periods of time? Yes No

If yes, please provide information about the child's age, circumstances of the separation, and child's response:

MEDICAL HISTORY:

1. Who is the child's current pediatrician or primary health care provider?

Name: _____ Phone#: _____

Address: _____

2. Does the child have any chronic medical conditions (e.g., asthma, diabetes, cystic fibrosis, etc.)?

Yes No

If yes, please explain:

RICHARD S. ADLER, M.D.

3. Has the child been prescribed any medications in the past to treat emotional or behavioral problems? Yes No

If yes, please list the medications and whether they had any effect:

Medication	Effect
_____	_____
_____	_____
_____	_____

4. Is the child currently taking any other medications or alternative medicines (vitamins, herbal treatment, homeopathic remedies, etc.)? Yes No

If yes, please list the medications/alternative medicines:

5. Has the child had any previous surgeries or hospitalizations? Yes No

If yes, please explain:

6. Has the child had any history of seizures or head trauma? Yes No

If yes, please explain:

RICHARD S. ADLER, M.D.

7. Does the child have any past or current substance use (alcohol, drugs, cigarettes)?

c Yes c No

If yes, please explain:

8. Does the child have any history of bedwetting or soiling him/herself?

c Yes c No

If yes, please explain:

9. Have you noticed any change in the last six months in any of the following areas:

c Weight loss or gain?

c Problems with getting off to sleep, remaining asleep or waking up too early,
nightmares? comment: _____

c Mood, including mood swings, unusually happy or very sad feelings? Comment:

c Types of and contact with friends?

c Loss of interest or participation in previously enjoyed activities? Comment:

1700 SEVENTH AVENUE, SUITE 210
SEATTLE, WA 98101
VOICE (206) 624-3800 / FAX (206) 624-3801

10. Is there any skill which your child used to have that she/he NO LONGER has? Do you suspect any deterioration or loss of skills previously attained? Please provide specifics:

BIRTH/PRENATAL HISTORY

1. Was this pregnancy:

planned unplanned wanted unwanted

Any difficulty becoming pregnant? If so, please explain:

2. Did the mother experience any of the following illnesses or complications during pregnancy?

Swelling of hands/feet/face Flu Skin Rash Fever
 Spotting/Bleeding Kidney Infections Vaginal Infections Headaches
 High blood pressure Dizzy spells Convulsions Blurred vision
 Vomiting Other Illnesses

comments:

3. Was the mother exposed to any of the following during pregnancy?

Medications Substance of Abuse Alcohol Tobacco X-Rays

RICHARD S. ADLER, M.D.

If yes for any of the above, please list specific substances, amount, and approximate month of pregnancy:

4. Length of pregnancy (weeks): _____ Age of mother: _____ Weight gain: _____

5. Labor with this child was: easy, no problems difficult: please explain

6. Type of delivery: natural (vaginal) c-section forceps

Problems with the delivery? Yes No

If yes, please explain.

7. Birth statistics: Weight _____ Length _____ Head size _____

Apgar scores (if known) _____

8. Hospital where the child was born: _____

Address: _____

Physician's Name: _____

9. Were there any problems noted while the baby was still in the hospital? (For example, serious jaundice, need for incubator/oxygen, infections, feeding problems, convulsions):

1700 SEVENTH AVENUE, SUITE 210
SEATTLE, WA 98101
VOICE (206) 624-3800 / FAX (206) 624-3801

10. Were there any difficulties during the baby's first year of life (excessive crying, illness, feeding problems, etc.)?

DEVELOPMENTAL HISTORY

1. When did you child first complete these tasks (**fill in approximate age in months and/or years**).

<i>MOTOR TASKS ACHIEVED AT AGE:</i>		<i>LANGUAGE ACHIEVED AT AGE:</i>
Sit Alone _____	Ride a bicycle _____	Babble _____
Crawl _____		Say Mamma/Dadda _____
Walk Alone _____		Use first Words _____
Throw a Ball _____		Put two words together _____
Ride a tricycle _____		Use full sentences _____

RICHARD S. ADLER, M.D.

*SOCIAL
ACHIEVED AT AGE:*

Smile/laugh _____

Recognize strangers _____

*SELF-CARE
AGE*

Take clothes off _____

Put clothes on _____

Drink from a cup _____

*TOILETING ACHIEVED
AT AGE:*

Bowel _____

Bladder (day) _____

Bladder (night) _____

*COGNITIVE
AGE*

Recognize colors _____

Recognize #/letters _____

RICHARD S. ADLER, M.D.

2. Please describe your child's development in the following areas:

<u>Areas of Development</u>	<u>When compared to other children his/her age, does child's development seem:</u>	<u>Please comment on areas of strength or weakness in your child's development:</u>
Gross Motor Skills (use of large muscles, such as for running, bicycling, throwing ball)	<input type="checkbox"/> about the same as other children <input type="checkbox"/> slower than other children <input type="checkbox"/> faster than other children	Notes:
Fine Motor Skills (hand use such as for coloring, drawing, writing, using scissors)	<input type="checkbox"/> about the same as other children <input type="checkbox"/> slower than other children <input type="checkbox"/> faster than other children	Notes:
Social Skills (sharing, cooperating, asking for help, compromising, taking turns)	<input type="checkbox"/> about the same as other children <input type="checkbox"/> slower than other children <input type="checkbox"/> faster than other children	Notes:
Self-Control Skills (impulse control, paying attention, delaying gratification)	<input type="checkbox"/> about the same as other children <input type="checkbox"/> slower than other children <input type="checkbox"/> faster than other children	Notes:
Self-Concept (child's opinion of self, abilities, worth)	<input type="checkbox"/> about the same as other children <input type="checkbox"/> slower than other children <input type="checkbox"/> faster than other children	Notes:
Cognitive Skills (memory, ability to understand information, comprehension)	<input type="checkbox"/> about the same as other children <input type="checkbox"/> slower than other children <input type="checkbox"/> faster than other children	Notes:

RICHARD S. ADLER, M.D.

3. Can your child currently perform the following tasks without help? (C Yes to all of the tasks listed below)

- Eat using a spoon and fork?
- Drink from a glass?
- Undress?
- Dress alone?
- Tie shoelaces?
- Toilet him/herself?
- Bathe him/herself?

4. Has your child had any formal developmental testing? Yes No

If yes, please provide details:

5. Has your child received any early intervention services? Yes No

If yes, please provide details about where the services and provider(s):

FAMILY HISTORY

1. Has anyone in your family had any of the following conditions or life circumstances? Please put an X in all categories that apply both in the past and at the present time. Your clinician will ask more about these conditions and circumstances during the intake evaluation.

Condition	Child	Mother	Father	Siblings	Mother's Family	Father's Family
Mental Retardation	_____	_____	_____	_____	_____	_____
Learning Disorder	_____	_____	_____	_____	_____	_____
Attention Deficit	_____	_____	_____	_____	_____	_____
Eating Disorder	_____	_____	_____	_____	_____	_____
Epilepsy	_____	_____	_____	_____	_____	_____
Neurological Disorders	_____	_____	_____	_____	_____	_____
Alcohol Abuse	_____	_____	_____	_____	_____	_____
Drug Abuse	_____	_____	_____	_____	_____	_____
Physical/Emotional Abuse	_____	_____	_____	_____	_____	_____
Sexual Abuse	_____	_____	_____	_____	_____	_____
Depression	_____	_____	_____	_____	_____	_____
Suicide Attempts	_____	_____	_____	_____	_____	_____
Anxiety Disorders	_____	_____	_____	_____	_____	_____
Specific Fears or Phobias/OCD	_____	_____	_____	_____	_____	_____
Panic Attacks	_____	_____	_____	_____	_____	_____
Schizophrenia	_____	_____	_____	_____	_____	_____
Visual Disability/Problems	_____	_____	_____	_____	_____	_____
Deaf/Hard of Hearing	_____	_____	_____	_____	_____	_____
Tics/Tourette's Syndrome	_____	_____	_____	_____	_____	_____
Chronic Illnesses	_____	_____	_____	_____	_____	_____
Juvenile Delinquency	_____	_____	_____	_____	_____	_____
Arrests/Incarceration	_____	_____	_____	_____	_____	_____
Harassment by peers	_____	_____	_____	_____	_____	_____
Homelessness	_____	_____	_____	_____	_____	_____
Teen pregnancy	_____	_____	_____	_____	_____	_____

RICHARD S. ADLER, M.D.

School suspension/expulsn.

Special Education

Birth Defects

Other: _____

(please specify)

_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

FAMILY HISTORY (continued)

2. Mother/Maternal Caregiver Information:

Relationship to child: biological adoptive foster step other

Date of Birth: _____ Place of Birth: _____ Ethnicity: _____

Occupation: _____ Employer _____

Marital Status: Single Married Divorced Separated Remarried

Years of Education: _____

History of Mental Illness, History of Substance Abuse? Present Status for each:

3. Father/Paternal Caregiver Information:

Relationship to child: biological adoptive foster step other

Date of Birth: _____ Place of Birth: _____ Ethnicity: _____

Occupation: _____ Employer _____

Marital Status: Single Married Divorced Separated Remarried

Years of Education: _____

History of Mental Illness, History of Substance Abuse? Present Status for each:

RICHARD S. ADLER, M.D.

4. Has there been any domestic violence in the household in which the child resides? Yes No

If yes, please provide details and effect on child.

5. Is there any family conflict currently in the household in which the child resides? Yes No

If yes, please provide details and effect on child:

6. How many times have the child and his/her family moved in the past year? _____

Please provide details on reasons for moves and effect on child.

EDUCATIONAL HISTORY

1. Current School Information: Is the child currently enrolled in school? Yes No

School District: _____

School Name: _____

School Address: _____

Phone#: _____

Teacher's Name: _____

Child's Grade: _____

RICHARD S. ADLER, M.D.

1. Is the child in Special Education? Yes No

(If yes, please attach present IEP)

If yes, child qualifies under:

Learning Disordered

Seriously Behaviorally Disturbed

Health Impaired

Multiply Handicapped

Other:

If the child is not currently in Special Education, was she/he in the past? Yes No

2. Has the child been suspended, expelled or had detentions from school in the past year?

Yes No

If yes, please list number of times and reasons

3. How is your child's academic performance currently?

4. How is your child's behavior/citizenship at school currently?

CHILD BEHAVIORAL HISTORY

1. Has your child ever seen a counselor, therapist, social worker, psychologist or psychiatrist for emotional or behavioral problems? Yes No

If yes, please provide details about the provider, dates, and outcomes/effectiveness of previous treatment:

2. Does your child have behavior problems at home? Yes No

If yes, please specify:

3. Does your child have behavior problems in the community (grocery store, daycare, public places, etc.)? Yes No

If yes, please specify:

4. Please describe forms of discipline which have been used in the home and their effectiveness.

RICHARD S. ADLER, M.D.

5. The closest relationship is between the patient and _____

Please explain:

6. The most troubled relationship is between the patient and _____

Please explain:

7. How have the patient's problems affected family members (as applicable)?

Mother/maternal caregiver:

Father/paternal caregiver:

Siblings:

8. Describe sleeping or roommate arrangements in the family:

9. Briefly describe the parents'/primary caregivers' own relationship

RICHARD S. ADLER, M.D.

10. Please list those qualities about your child that you consider to be strong positive points:

11. Please list those qualities about your child that you consider to be strong negative points:

SOCIAL SUPPORT AND HISTORY

1. What is your current housing situation?

2. Do you consider your housing situation adequate to meet your family needs? Yes No

If no, please describe how it is not adequate.

3. Does your child participate in any community activities (e.g. sports, boys & girls, church)?

Yes No

If yes, please list the activities/groups:

4. Does your child have as many friends as most other children his/her age? Yes No

RICHARD S. ADLER, M.D.

5. Does your child have friends come over and play at your house? Yes No
6. Does your child play at the houses of his/her friends? Yes No
7. Has your child had any friends stay overnight at your house, or has she/he stayed overnight at another friend's house? Yes No Not age appropriate
8. Do you have any family members in the area that you can rely on for help? Yes No
9. Do you have any friends in the area that you can rely on for help? Yes No
10. Do you have any other adults in the area that you can rely on for help? Yes No
11. Does your family have any identified religion or spiritual beliefs and practices? Yes No

If yes, please describe:

12. What types of activities does your family like to do together?

13. Is your child or family currently involved with any of the following agencies?

- Not applicable
- | | |
|---|--|
| <input type="checkbox"/> Family Reconciliation Services (FRS) | <input type="checkbox"/> Child Protective Services (CPS) |
| <input type="checkbox"/> Developmental Disabilities (DDD) | <input type="checkbox"/> At-risk youth petition (ARY) |
| <input type="checkbox"/> Substance abuse counseling | <input type="checkbox"/> Juvenile Court/probation |

Please provide details:

RICHARD S. ADLER, M.D.

How long did it take to complete this form?

Was the time adequate?

Do you have suggestions or comments regarding the adequacy of this inventory?

1700 SEVENTH AVENUE, SUITE 210
SEATTLE, WA 98101
VOICE (206) 624-3800 / FAX (206) 624-3801
22